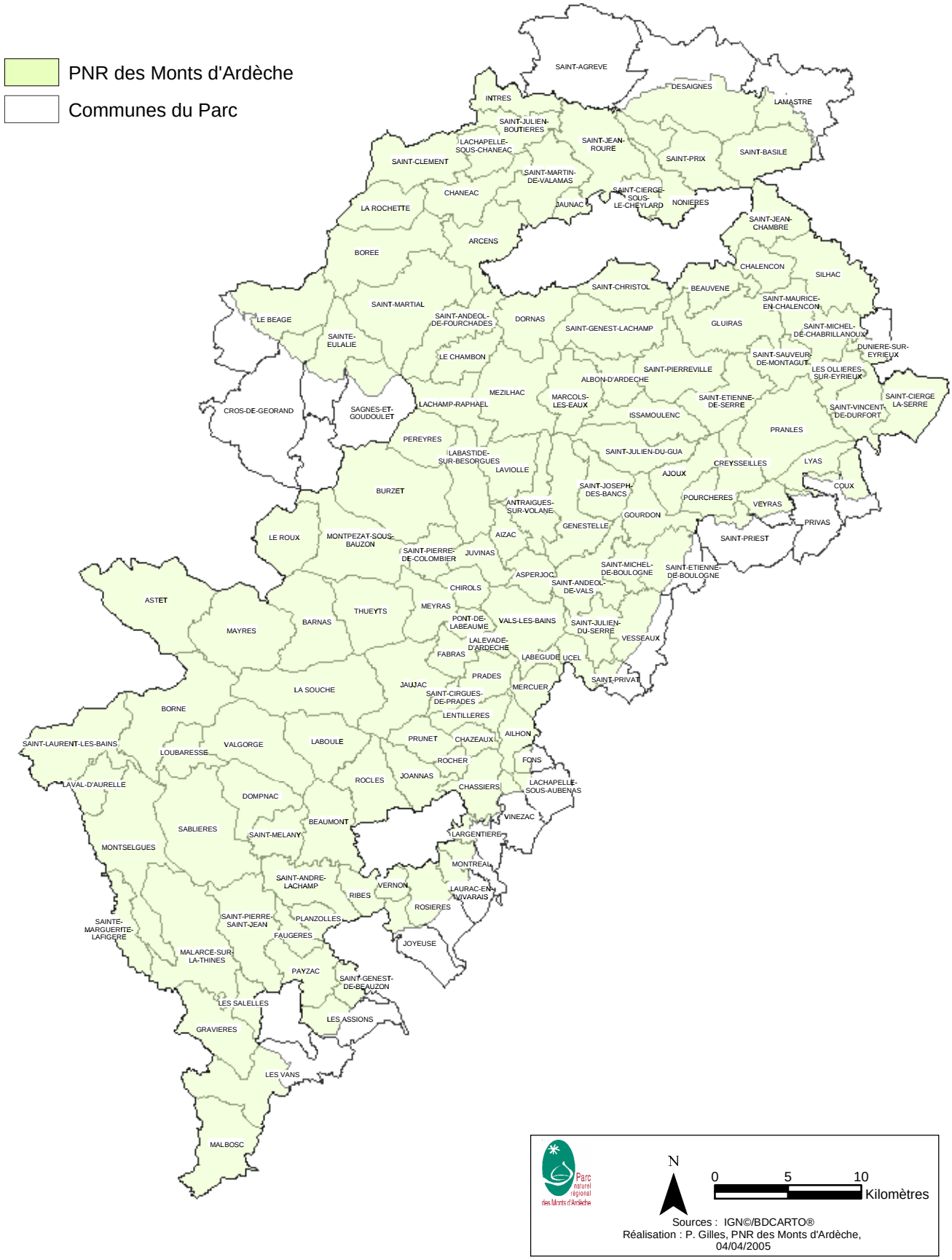Communes du Parc Naturel Régional des Monts d'Ardèche